

CHRISTCHURCH FLOWER ESSENCES CATALOGUE

"Essences" — Personal Flower Essences (Dose Bottles)

Personal Flower Essences	FE
Relief Essence	RE
Blended Essences	BE1-12
Blended Essences Set	BES (BE1-12)

"Flowers" — Practitioners Kits (Stock Bottles)

Spring Kit 1	SPK1	(SP1-14)
Spring Kit 2	SPK2	(SP15-28)
Spring Kit 3	SPK3	(SP29-41, RF)
Spring Flowers Complete Kit	SPICK	(SPK1-3)

Summer Kit 1	SUK1	(SU1-15)
Summer Kit 2	SUK2	(SU15-28)
Summer Kit 3	SUK3	(SU29-41, RF)
Summer Flowers Complete Kit	SUCK	(SUK1-3)

Relief Flowers	RF
Relief Flowers Kit	FRANK (RF1-5, RFX2)
Blended Flowers Kit	BUCK (BF1-12, RFX2)
Rose Flowers Kit	PRICK (SP40, SU28-33)

All the Kits	CROWN (SPICK, SUCK, FRANK, BUCK, PRICK)
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Christchurch Flower Essences

Keywords & Indications

For full information, go to www.christchurchfloweressences.com



SP1 ANEMONE

Opening of potential

For opening and unfolding of the individual's full potential, in the light of one's soul.



SP2 AZALEA

Expressing wholeness

For a shyness or diffidence in expressing one's own true worth or value, to help in unfolding and expressing the wholeness of who one really is.



SP3 BLUEBELL

Centred and clear

For transforming a sense of sadness and being weighed down by past experiences, so that one can become centred and clear in one's own current surroundings.



SP4 CAMELLIA - DOUBLE

Anticipation of change

To transform feelings of apprehension and fear about changes into a sense of divine anticipation about opportunities for growth and development



SP5 CAMELLIA - PINK

Grow with comfort

For fear about settling into a comfortable lifestyle, so that one can feel to free to grow and play without being constricted by other people's definitions and expectations.



SP6 CAMELLIA - RED

Claiming sovereignty

For reluctance to acknowledge one's true worth, and claim one's sovereignty, to transform the fear of being a master in one's own right.



SP7 CAMELLIA - WHITE

Orderly lifestyle

For reluctance and fear to make the necessary changes to produce a more orderly lifestyle, so that one can have a framework for evolving and unfolding one's true self.



SP8 CHERRY BLOSSOM

Serenity and joy

To help lift a cloud or weight from one's aura, to restore calm and a quiet joy in the processes and progressions of life.



SP9 CLEMATIS

Flourish in the present

For the ability to flourish in the present, without needing a structure or formal context, so that one can express oneself fully in the present.



SP10 CRAB APPLE

Enjoy one's true worth

For cleansing of a sense of shame and unworthiness, often showing as a veneer of irritability and resentment. To enable one to step aside from one's previous bitterness, and enjoy one's true worth.



SP11 DAFFODIL - ACTAEA

Clarity and attunement

For tendency to present a false and self-indulgent person to the world, so that one can become more compassionate and gentle with oneself, and so act with more clarity, transparency and attunement.



SP12 DAFFODIL - KING ALFRED

Enjoyment, verve, creativity

For a lack of energy and enthusiasm in one's life, to produce an uplifting and elevating vibration, so that one can have more enjoyment, verve and creativity in the various aspects of one's life.



SP13 DAFFODIL - WHITE

Broadening of experience

For a tendency towards impatience and intolerance, to produce a broadening of one's conscious experience of life, so that one's energy and enthusiasm can be used for inspiring purposes.



SP14 DAPHNE

Balance in activities

To overcome or prevent a degree of weariness during constant or long-term endeavours, and allow a selfless determination in discharging one's responsibilities, while still allowing an all-round balance in the rest of life's activities.