

CHRISTCHURCH FLOWER ESSENCES CATALOGUE

"Essences" — Personal Flower Essences (Dose Bottles)

Personal Flower Essences	FE
Relief Essence	RE
Blended Essences	BE1-12
Blended Essences Set	BES (BE1-12)

"Flowers" — Practitioners Kits (Stock Bottles)

Spring Kit 1	SPK1	(SP1-14)
Spring Kit 2	SPK2	(SP15-28)
Spring Kit 3	SPK3	(SP29-41, RF)
Spring Flowers Complete Kit	SPICK	(SPK1-3)

Summer Kit 1	SUK1	(SU1-15)
Summer Kit 2	SUK2	(SU15-28)
Summer Kit 3	SUK3	(SU29-41, RF)
Summer Flowers Complete Kit	SUCK	(SUK1-3)

Relief Flowers	RF
Relief Flowers Kit	FRANK (RF1-5, RFX2)
Blended Flowers Kit	BUCK (BF1-12, RFX2)
Rose Flowers Kit	PRICK (SP40, SU28-33)

All the Kits	CROWN (SPICK, SUCK, FRANK, BUCK, PRICK)
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Christchurch Flower Essences

Keywords & Indications

For full information, go to www.christchurchfloweressences.com



SP15 ERLICHEER

Hope and cheer

To help with confusion and darkness, to bring a fresh sense of hope and cheer, and a glimmer of joy in the potential and promise of the future.



SP16 FREESIA

Fineness of experience

For a sense of heaviness and weight in one's life, so that one can experience an even and smooth sense of the delicacy and fineness of life's experiences.



SP17 GENTIAN

Connectedness of life

For an awkwardness, uncertainty and diffidence in relating to others, to transform and transmute the depths of one's personality and lead to a sense of connectedness to all of life.



SP18 GRAPE HYACINTH

Harmonious and upright

For when there has been an abuse of one's power, energy and emotions, to allow a glorifying and uplifting transformation, so that one can live a harmonious and upright life.



SP19 HYACINTH

Grace, openness, gentleness

For when one has allowed oneself to be used or abused for a false sense of security, to develop a strengthening of one's integrity, so that one can

live a life of grace, openness and gentleness.



SP20 JAPONICA

Straightforward and honest

For a fragility in presenting oneself to the outside world, and a tendency to change to fit in with others. Allows an improvement in the ability to

acknowledge one's true beauty, and to present oneself in a straightforward and honest manner.



SP21 MAGNOLIA

Acceptance of inner depths

For a bashfulness about acknowledging one's femininity, to develop a grandness and flourishing of one's external beauty, with an

acceptance and acknowledgement of one's inner depths.



SP22 MAGNOLIA - STAR

Attunement to higher realms

For when there are blockages to sensitivity and receptivity, to allow an opening of intuition, and lead to a finer attunement with the higher realms and the dimensions of light.



SP23 MAGNOLIA - WHITE

Flowering of femininity

For awkwardness in adolescence, to allow a rounded emergence of womanhood, and delicate flowering of femininity.



SP24 MAPLE

Positive emotions and behaviour

For when one is subject to swinging moods and emotions. So that one may pull a balance into the various aspects of

one's being, and provide a framework for positive emotions and behaviour.



SP25 PANSY

Rested and balanced

For a tendency for tiredness, or tiredness after meditation. Stimulates immunity, and strengthens the body and mind leading, to a rested and balanced energy state.



SP26 PANSY - JOKER

Face sensitive issues

For sadness and weariness related to emotional issues, often showing as ill-humour, moroseness or a black wit. Allows one to face sensitive

issues, leading to a more relaxed and constructive form of behaviour.



SP27 PLUM

Enthusiasm to continue

For when one is dishearted or discouraged after seemingly futile effort. To give enthusiasm to continue in a light and joyful manner, and eventually claim the fruit of one's endeavours.



SP28 POLYANTHUS

Connected to inner glow

For when one wishes to have more vision, clarity and light in one's life. To strengthen the connection to one's core, so that one can radiate light with precision and intensity.