CHRISTCHURCH FLOWER ESSENCES CATALOGUE

"Essences" — Personal Flower Essences (Dose Bottles)

Personal Flower Essences FE
Relief Essence RE
Blended Essences BE1-12

Blended Essences Set BES (BE1-12)

"Flowers" — Practitioners Kits (Stock Bottles)

| Spring Kit 1 | SPK1 | (SP1-14) |
|-----------------------------|-------|---------------|
| Spring Kit 2 | SPK2 | (SP15-28) |
| Spring Kit 3 | SPK3 | (SP29-41, RF) |
| Spring Flowers Complete Kit | SPICK | (SPK1-3) |

 Summer Kit 1
 SUK1
 (SU1-15)

 Summer Kit 2
 SUK2
 (SU15-28)

 Summer Kit 3
 SUK3
 (SU29-41, RF)

Summer Flowers Complete Kit SUCK (SUK1-3)

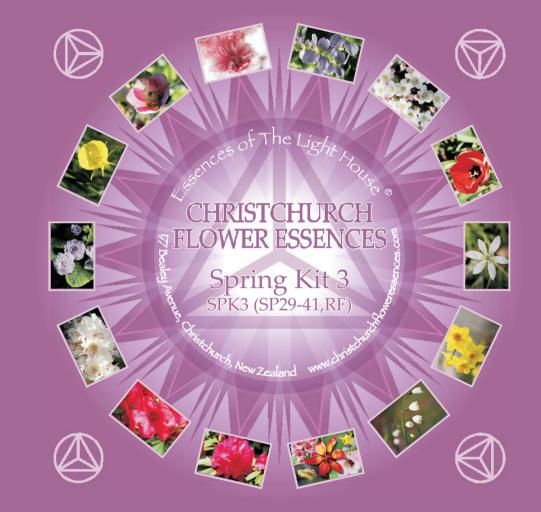
Relief Flowers RF

Relief Flowers Kit FRANK (RF1-5, RFX2)
Blended Flowers Kit BUCK (BF1-12, RFX2)
Rose Flowers Kit PRICK (SP40, SU28-33)

All the Kits CROWN (SPICK, SUCK,

FRANK, BUCK, PRICK)









SP29 PRIMROSE

Develop true image

For those who are overwhelmed by being in a confused and blurred environment, who cope by shutting themselves out, and developing a negative veneer. To focus on allowing one's own

colours to emerge, and developing one's true image, so that one can add one's own imprint to the processes of life.



SP30 RHODODENDRON PINK

Present oneself clearly

For a shyness in presenting oneself to others during adolescence. To allow a new social role to emerge, and so

present oneself in one's best light, with a sense of clarity and delicacy.



SP31 RHODODENDRON RFD

Power of sensitivity and openness

To help with an ambivalence about how to present oneself honestly in an adult social

setting. To enable one to acknowledge the power of sensitivity and openness, and thus be compatible within a group while still presenting one's own individuality.



SP32 RHODODENDRON

- WINF

Bridging old and new

To help establish a positive social role in later life. So that one can step aside from the bustle of activity, and allow a

natural radiance and serenity to emerge, bridging the gap between the old and the new.

Christchurch Flower Essences Keywords & Indications

For full information, go to www.christchurchfloweressences.com



SP33 SNOWFLAKE

Clear and courageous

For situations of alienation in a harsh environment, to enable one to rise above one's limitations and present a clear and courageous beauty to the world



SP36 TULIP

Opening channel upwards

For the process of opening one's channel upwards, to assist in spinning light from one's core to the higher spaces, to build a connection to finer awareness.



SP34 SOLFIL D'OR

Warmth and strength

To help with states of despair. the dark night of the soul. To bring a fresh sense of hope and iov. and a glow of golden warmth and emerging strenath.



SP35 STAR OF

Peace, well-being, iov

For when one is overwhelmed by life's experiences, allowing an angelic and ethereal assistance, leading to an unexplainable feeling of peace, well-being and great jov.



SP37 VIBURNUM

Harmonious in social group

For when one would feel inept and isolated in a group situation, to allow an allround and balanced personal development, so that one can

fit harmoniously into one's social circle, and work for the overall good of the group.



SP38 VIOLET

Warmth, trust and openness

For a tendency to be shy, to shrink back to protect one's individual sense of self. To transmute and transform these delicate and retiring

tendencies, and develop a warmth, trust and openness in personal and group situations.



SP39 WEEPING PRUNUS

Softening of femininity

For women in the midlife who are irritable and depressed, easily offended and indifferent to their family and friends. To produce a softening of attitudes, and restore

a delicate sense of femininity, allowing a willingness to nurture and be nurtured, and discovering true fulfilment of womanhood.



SP40 WINTER ROSE

Inner peace, staving in own

For inner peace, so that one can stay in one's own experience, and retain one's own identity and integrity without being affected by

others. To help one remain in one's own energy flow, and maintain an inner sense of purpose, power, focus and peace.



SP41 YELLOW HOOP **PETTICOAT**

Transmit light and radience

For when the next stage of growth is to transmit light and radiance out into the world to awaken others. Helps one become a

beacon, with the ability to shift and heal others, and to send out radiance to bring everything around to a higher level.



RE RELIFF FLOWERS

For relief

Relief Flowers have a calming and stabilising effect on the body, mind and emotions during minor and major crises. In the short-term, it will quickly address fear, panic, stress and shock. It can also be taken in

the medium term to help consolidate the improvement, and in the long-term to help resolve outstanding issues.