

CHRISTCHURCH FLOWER ESSENCES CATALOGUE

"Essences" — Personal Flower Essences (Dose Bottles)

Personal Flower Essences	FE
Relief Essence	RE
Blended Essences	BE1-12
Blended Essences Set	BES (BE1-12)

"Flowers" — Practitioners Kits (Stock Bottles)

Spring Kit 1	SPK1	(SP1-14)
Spring Kit 2	SPK2	(SP15-28)
Spring Kit 3	SPK3	(SP29-41, RF)
Spring Flowers Complete Kit	SPICK	(SPK1-3)

Summer Kit 1	SUK1	(SU1-15)
Summer Kit 2	SUK2	(SU15-28)
Summer Kit 3	SUK3	(SU29-41, RF)
Summer Flowers Complete Kit	SUCK	(SUK1-3)

Relief Flowers	RF
Relief Flowers Kit	FRANK (RF1-5, RFX2)
Blended Flowers Kit	BUCK (BF1-12, RFX2)
Rose Flowers Kit	PRICK (SP40, SU28-33)

All the Kits	CROWN (SPICK, SUCK, FRANK, BUCK, PRICK)
--------------	---



Christchurch Flower Essences

Keywords & Indications

For full information, go to www.christchurchfloweressences.com



SU15 IRIS

View life from a higher perspective

For a readiness and willingness to explore new areas, the ability to view life from a higher perspective, and the opening of one's soul-life to a more inspired and creative level of

awareness. So that one can move into new understanding and concepts, and receive clearer guidance as ideas, inner knowing, insights and creative inspiration.



SU16 JASMINE

Using higher mind in ordinary reality

To assist one in taking action on new visions and insights, and for a sense of precision and mental clarity after returning from the higher frequencies of meditation. For

learning to use one's higher mind in ordinary reality, and to maintain one's own intensity and brilliance while harmonising with society.



SU17 LARKSPUR

Accept role as teacher, healer, leader

To accept one's role as a teacher, leader and healer, and help in reaching upwards to become a source of light, awakening and higher consciousness. For assisting

others in knowing that they create their own reality and can take control of their lives, so that they may lead lives of increasing abundance, light and spiritual growth.



SU18 LAVENDER

Harmonised energy around body

For the ability to sense subtle energies form a cocoon of harmonised energy around the body, and to be comfortable with an ever-increasing level of harmony

and balance. For a greater feeling of ease, flow and fluidity in the body, emotions and mind, and the openness and serenity that come from refining and balancing the vibrational energy bodies.



SU19 LILAC

Raise sexual expression

For a balanced and rounded accessing of sexual energy, and for using it to express the divine life force, and to surrender to new levels of joy and ecstasy. To raise one's sexual expression to a higher

chakra and energy level, accessing increased energy for healing and creativity, releasing the separation between individuals, and allowing new levels of merging and freedom.



SU20 LILY OF THE VALLEY BUSH

Connection to gridwork of light

For creating a gridwork of light on the inner planes, as a connection to others on the spiritual path, and as a source of soul nourishment, strength, energy and light. For

connection to the gridwork of light and the clear, harmonious and radiant energies it contains, to help with awakening your own light body.



SU21 LOBELIA

Centred and in control of emotions

For building one's power base, generating power to send energy to the higher centres, and shifting awareness into an expanded reality. To release old blocks and clear

stuck energies, stay centred and in control of emotions, and experience a stronger sense of identity and personal power.



SU22 LUNGWORT

Everything happening for the highest good

To assist in holding the perspective of a positive and supportive environment and friendly universe, with the belief that everything is happening for the highest good. For

the wisdom to be conscious of what is happening in one's environment, to see the higher truth, and to express oneself with love and compassion.



SU23 MARIGOLD

Illness is a communication

For understanding that illness is a communication from one's higher self, that pain is a resistance to change, and that healing cannot occur until the message of the illness has been heard and

understood. The disease is not evil, but paradoxically a healing process, a blessing in disguise, whose purpose is solely and purely corrective.



SU24 PAEONY ROSE

Know reality, let go of the ego

The ego is trying to tell you how to gain the whole world and lose your soul. To know reality is not to see the ego and its thoughts, its words, its acts and its beliefs. Therefore lay judgement down, now with regret

but with a sigh of relief. Open your eyes and look upon a happy world of safety and of peace. Retain your gifts of clear awareness as you see the light of truth beyond appearances.



SU25 PERIWINKLE

Higher, complete and positive thoughts

For a state of mental focus, creativity and clear ideas that comes as one allows one's guidance to come into consciousness from beyond polarity,

giving higher, more complete and more positive thoughts. For working with the intuitive levels of one's awareness, and going beyond the knowing of one's intellect, to find answers and inner guidance.



SU26 POPPY

Receiving and transmitting light

For becoming radiant, and experiencing a sense of receiving and transmitting light. For combining the floating, feelings of lower energy centres with the expanded feelings

of upper energy centres, to achieve new levels of ecstasy and bliss.



SU27 RANUNCULUS

Unfolding energy into infinity

For observing the continual unfolding of energy, as if of a thousand-petalled lotus, being buoyed by the awareness of continual movement, and using this experience as a base on which to

play in infinity. To observe the transition where images and sensations change into an awareness of infinity, so one can travel in the high and refined dimensions of light.



SU28 ROCK ROSE

Perfect love casts out fear

If fear exists, then there is not perfect love. But, only perfect love exists. If there is fear, it produces a state that does not exist.